

JELES-54, March 1, 2024

Teaching Psycholinguistics in English

Chie Nakamura

Waseda University

My experience in teaching at Waseda University

- English degree program, Faculty of Science and Engineering (2019-2023)

- School of International Liberal Studies (SILS) & Graduate School of International Culture and Communication (GSICCS) (2023-now)

My experience in teaching at Waseda University

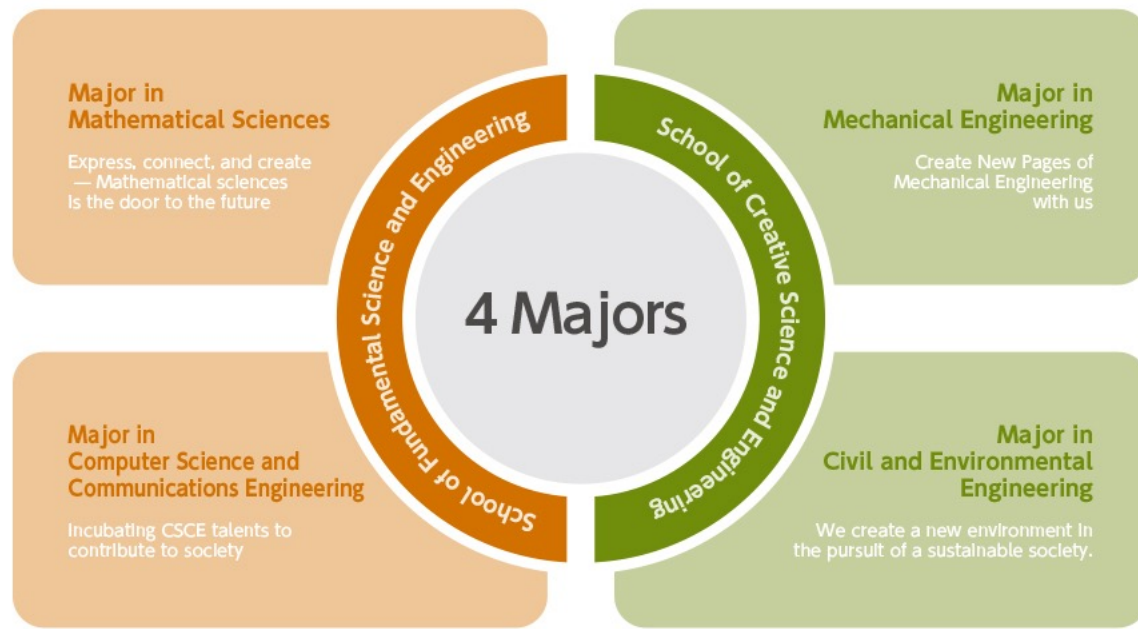
- English degree program, Faculty of Science and Engineering (2019-2023)
 - Laboratory English A & B, Academic Study Skills A&B
 - > Scientific writing and presentation
- SILS & GSICCS (2023-now)
 - Psycholinguistics, Research Design, Statistics, Seminars

Today's talk

1. Improving the quality of scientific writing through peer review activities using Learning Management System (LMS)
2. Using video content to amplify learning in psycholinguistics

1. Improving the quality of scientific writing through peer review activities using LMS

Waseda's English-based undergraduate program in Science and Engineering



- Student composition
50% International students
50% Japanese students (Returnee or International Baccalaureate high school graduate)

-> Academic English

1. Improving the quality of scientific writing through peer review activities using LMS

Laboratory English A & B: Students design and conduct a simple experiment and write a summary of the results

Course objective of writing assignment: To complete a high-quality scientific paper in English

- ➔ How to incorporate active learning into the process of writing?
- ➔ Peer review activity using Learning Management System

Issues in writing classes

Traditional passive learning style: Students gets feedback from the instructor

→ offers limited opportunities for interaction and collaboration among students

→ Students miss out on opportunities to engage in meaningful discussions, share ideas, and learn from their classmates

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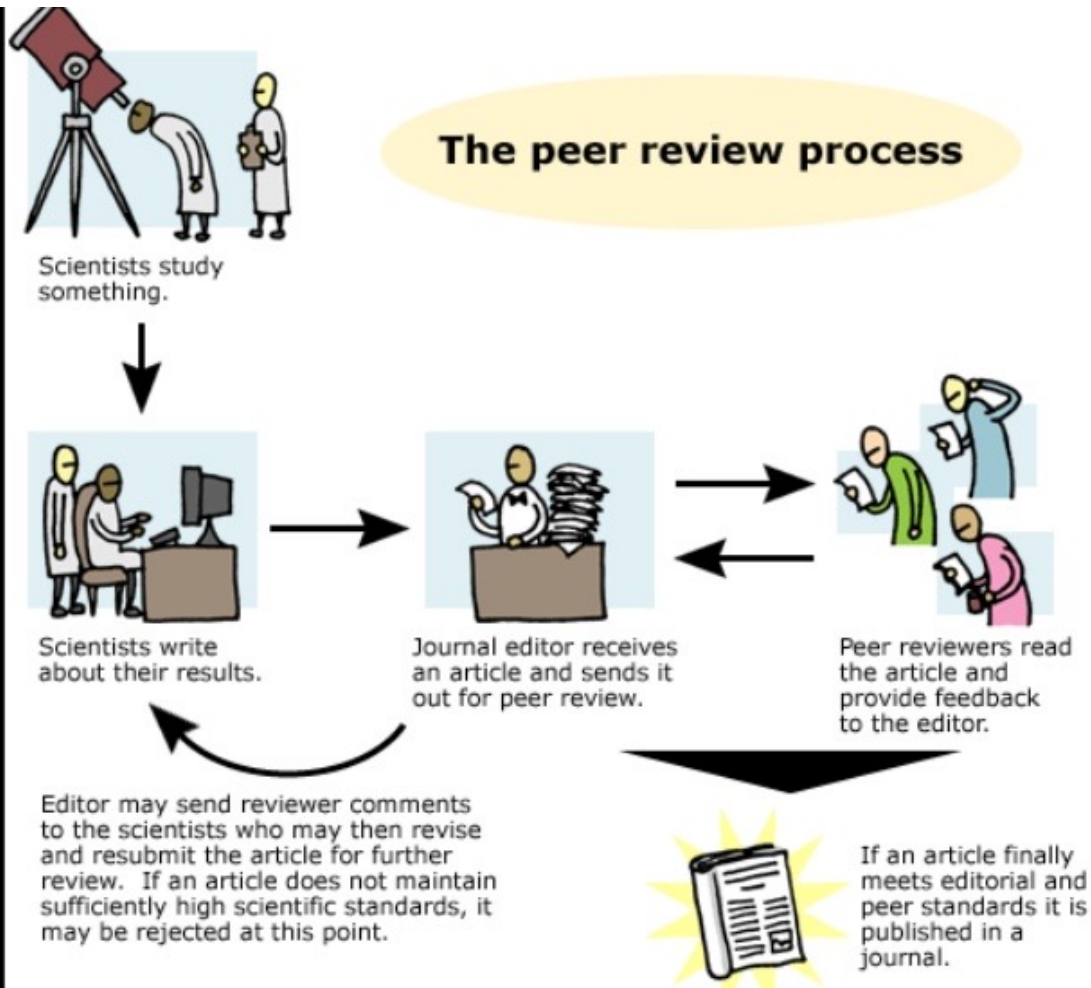
→ offers limited opportunities for interaction and collaboration among students

→ Students miss out on opportunities to engage in meaningful discussions, share ideas, and learn from their classmates

○ Active learning style: Students engage with each other's work in a peer-review activity

→ Students must read their peer's work critically and provide constructive feedback

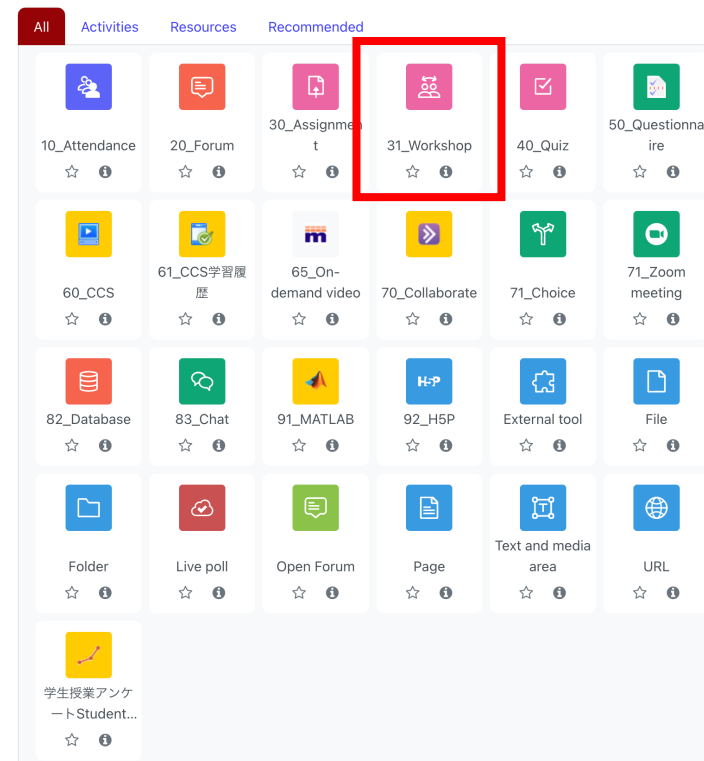
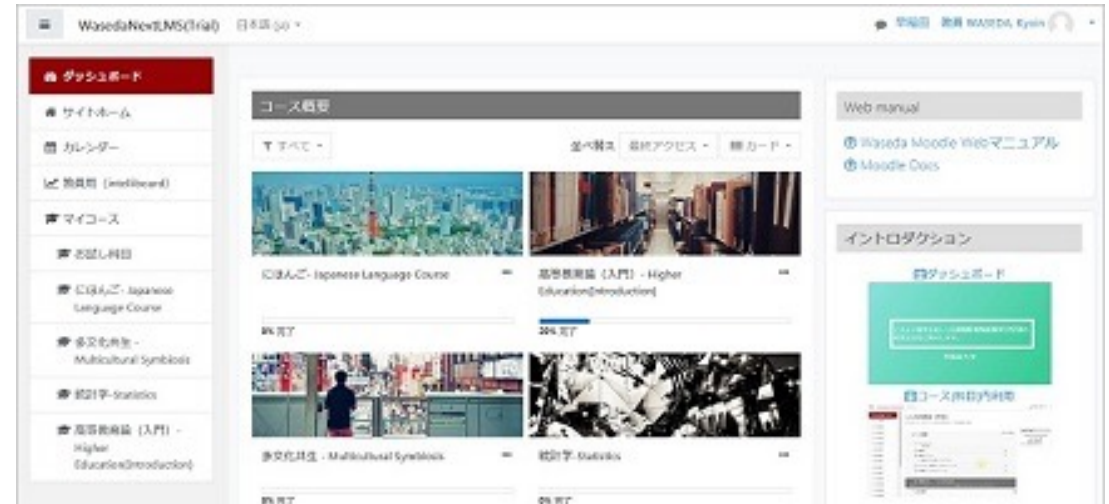
Building a peer review environment in the classroom



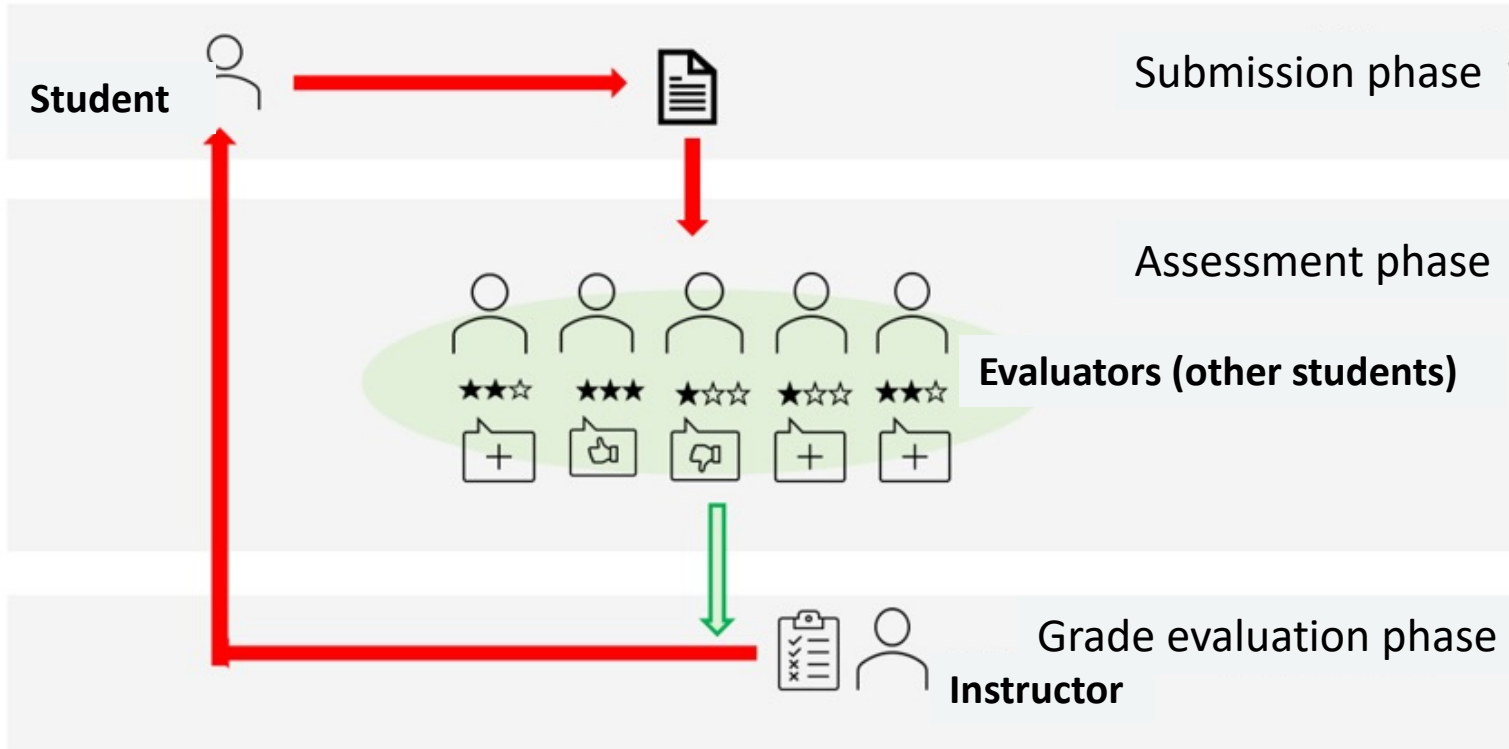
- Peer review: a process used in academic publishing to ensure the quality and integrity of scholarly research
- Designed this activity to simulate the peer-review process
 - Students enrolled in the class are assumed to be “peers”
 - Each student is both a peer and a reviewer

Waseda Moodle

- LMS (Learning Management System)
- Provides multi-device support as well as multi-lingual user interfaces



“Workshop” function



- Enables mutual evaluation (peer review) for the work submitted by a student

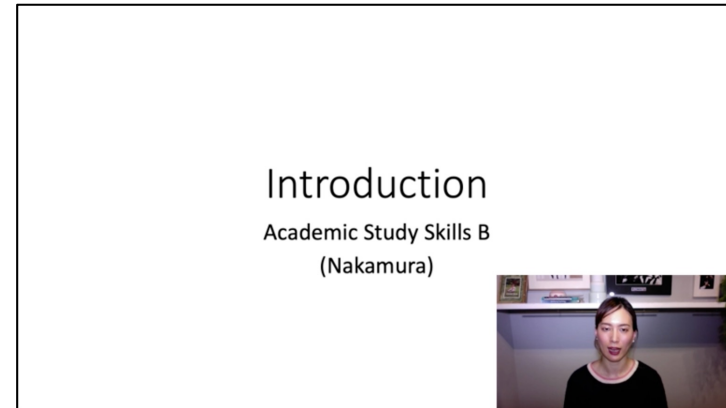
Peer review activity process

1. Divide a paper into 4 sections

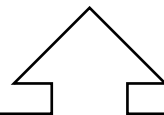


- Introduction
- Methods
- Results
- Discussion

2. Lecture for each section



3. Submission of a first draft of one section



At this stage, students evaluate each other's writing

Waseda Moodle “Workshop”

Academic Study Skills B (2)

Dashboard / My courses / 正規科目 / ZH理工学術院 / 26基幹理工学部 / 2020 / Academic Study Skills B (2) / Session 12 (Jan 18) / W7 Assignment 1: Discussion review activity (Due on Friday, January 22)

W7 Assignment 1: Discussion review activity (Due on Friday, January 22)

Assessment phase

Setup phase	Submission phase	Assessment phase	Grading evaluation phase	Closed
Switch to the setup phase	Switch to the submission phase	Current phase	Switch to the evaluation phase	Close workshop
<ul style="list-style-type: none">✓ Set the workshop description✓ Provide instructions for submission✓ Edit assessment form	<ul style="list-style-type: none">✗ Provide instructions for assessment✓ Allocate submissions expected: 12 submitted: 10 to allocate: 0ⓘ There is at least one author who has not yet submitted their work	<ul style="list-style-type: none">✓ Switch to the next phase	<ul style="list-style-type: none">✓ Calculate submission grades expected: 12 calculated: 0✓ Calculate assessment grades expected: 12 calculated: 0✓ Provide a conclusion of the activity	

First draft submission

Reviewer and Reviewee pairs are randomly assigned

Mutual evaluation among students (Peer Review)

Evaluation process among students through peer review

Waseda Moodle English (en) NAKAMURA, Chie 中村 智栄

Assessment
by
Grade: 80 of 80

Assessment form ▾
Aspect 1

(Intro 1.) Does the **Introduction** have an appropriate in-text citation style (only the author's last name(s) and year)? If not, tell the author how previous literature should be cited.

Comment for Aspect 1

In the introduction section, the author have cited a previous research in a correct manner and followed the expected format.
e.g. 1.which according to Bush, Whalen, Shin, & Rauch (2006)
2. A study done by Suarez, Gollan, Heaton, Grant & Cherner (2014) investigated

Aspect 2

(Intro 2.) Does the **Introduction** avoid the use of "first-person point of view" and instead use third-person pronouns? If you feel like you are reading an essay or someone's personal story, make suggestions on how the author should make changes.

Comment for Aspect 2

In general the introduction section is written without using any pronouns

- Students enter reviews according to pre-defined evaluation perspectives and criteria

Waseda Moodle “Workshop”

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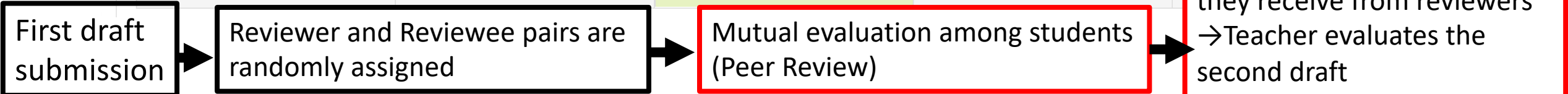
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Students prepare a second draft by reflecting suggestions and remarks they receive from reviewers →Teacher evaluates the second draft

First draft submission

Reviewer and Reviewee pairs are randomly assigned

Mutual evaluation among students (Peer Review)



Enhancing scientific writing skills through peer-review

Stress Level of Undergraduate Students Depending on their major and campus

Nicolas Dehandschoewe et al.

¹ Advanced Science and Engineering Major, Faculty of Science and Engineering, Waseda University.

Abstract

Keywords: acculturative stress, coping methods,

1. Introduction

According to statistics conducted by the Japanese Student Services Organization (JSSO), the number of international students in Japan is on the rise. In 2018, 10,000 international students were counted in Japanese higher education institutions - 11.06% higher than the previous year. This is still far from equalling Japan's neighbours from the other side of the Pacific, the United States, which had 1,094,792 students in its grounds in 2017 according to the Open Doors Report published in 2018. Besides Japan's reputation for being a culturally diverse than the United States, with a population of foreign residents, or 2.3 million inhabitants, according to the Japanese Ministry of Justice in 2018. Added to this is a language barrier that makes it difficult for students to overcome, due to a lack of proficiency in Japanese. In the US, a master, a culture whose mastery is necessary for a smooth stay, favorable integration into society and a profitable business. An example of this would be 名刺 (meishi), the simple exchange of business cards in Japan, requires knowledge of many different rules.

A key concept accompanying our study is acculturative stress, a theory first formulated by Redfield, Linton and Herskovits (1936). Stress accompanies the process of acculturation defined as a four-way process (assimilation, integration, separation and marginalization) during which a foreigner will abandon his culture to become accustomed to that of his host country. This is done through prolonged contact with people from the host culture. Stress was defined by Dr Gilian Butler (1993) in 3 different ways, however this study will be focusing on his stimulus-based definition. According to him, stress is a response to an external pressure. The bearer of stress is described as "weight bearing beam" that can give in as

Academic Study Skills A: Final paper

Abdurakhmonov

qualitatively differentiate between methods of coping with stress which this research was going to examine and also be able to compare the results with the first study. The first study was conducted by Zuckerman and Gagne (2003) and the second study was conducted by Senel Poyrazli, Philip R. Kavanaugh, Adria Baker, and Nada At-Timimi demonstrates the presence of acculturative stress among international community college students in the US. The results showed that students that were more proficient in English and experienced more social support were less likely to experience high acculturative stress. This study has been conducted in order to see how the difficulty of experiencing less stress. Furthermore, a correlation was observed between ethnicity and acculturative stress. The study also revealed that students from the US, in contrast to the culture, proved to be sometimes, diametrically opposite. This leads to higher acculturation difficulties for Asian students, who have to adapt to this new environment. The purpose of this study is to see if this result can be applied to the Waseda students as well. If such a level of acculturative stress were to be observed in a yet diverse country such as the US, how would students living in Japan (statistically proven to be more culturally homogenous than the US and highly different in culture) perceive acculturative stress? Would Western students find themselves more stressed in an Asian environment?

2. Methods

Forty-eight undergraduate students (27 males and 21 females) from different majors participated in the survey. No further information about their identities and affiliations was collected.

2.2. Materials

The survey was conducted using Google Forms. It consisted of seven questions, of which the first was used to ask participants' gender and the second was used to ask which of the given coping methods they practiced most often. The remaining five questions were used to rate how useful the participants think the methods are, on a scale from 1 to 10. The five given methods of coping with stress are self-help, approach, accommodation, avoidance, and self-punishment. They were adapted from the study of Zuckerman and Gagne (2003). All the questions were written in English and Japanese. The complete set of questions is listed in the appendix A.

2.3. Procedure

Tasks

The online survey was distributed through messengers and social media to the groups of target population. The duration of data collection period was two weeks.

Design and analyses.

In reference to the answers to the second question, the methods which were chosen to be periodically practiced were categorized as "experienced" and others were categorized as "not experienced". The mean value of every method's perceived effectiveness was calculated from the results of questions 3 to 7 and compared.

Independent variables of the study are gender and whether a method is regarded as "experienced". Dependent variables are the mean value of perceived effectiveness of every method. The data were collected in the form of a table. For every participant, the data about which methods are considered experienced and which are not, the participant's gender, the participant's opinion about the practiced and not practiced methods were collected in the form of a table.

3. Results

The results of the survey are presented in the form of a bar chart. The chart shows the proportion of students who practiced each method. The most practiced method was "Talk" (+19.1%) and problem-solving ("Plan"; +11.4%). In contrast, more male students focus on avoidance ("Conditions"; +9.5%). Both sexes reported comparative use of positive reframing method ("Positive"; females: +1.5% and blaming themselves ("Change"; males: +1%). The most students practice "Positive" method (56.4%), and the least practice "Conditions" method (28.6%). Overall, more students practice "Talk", "Plan", or "Positive" methods than "Conditions" or "Change" methods.

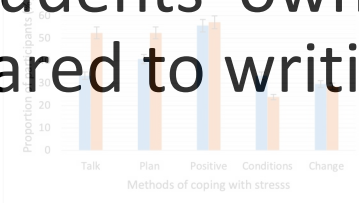


Fig.1. Implemented methods of coping with stress depending on sex

Enhancing scientific writing skills through peer-review

Stress Level of Undergraduate Students Depending on their major and campus

Nicolas Dehandschoewercker

¹ Advanced Science and Engineering Major, Faculty of Science and Engineering, Waseda University

Abstract

Keywords: acculturative stress, coping methods,

1. Introduction

According to statistics collected by the Japanese Student Services Organization, the number of foreign students in Japan is on the rise: in May 2017 267,042 international students were counted in Japanese higher education institutions - 11.06% higher than the previous year. This is still far from equalling Japan's neighbours from the other side of the Pacific, the United States, which had 1,094,792 students in its grounds in 2017. According to the Daily Research published in 2018, besides Japan's increased diversity, the country is culturally diverse than the United States, with a total of 6.6% of foreign residents, or 2.73 million inhabitants, according to the Japanese Ministry of Education, Culture, Sports, Science and Technology. The language barrier that prevents many foreigners from easily overcome, due to a graphic writing system that is difficult to master, a culture whose mastery is necessary for a smooth stay, favorable international relations, and a profitable business. An example of this is the exchange of business cards in Japan, which requires knowledge of many different rules.

A key concept accompanying the process of acculturative stress, a theory first formulated by Redfield, Simon and Herskovits (1936). Stress accompanies the process of acculturation defined as a four-way process (assimilation, integration, separation and marginalization) during which a foreigner will abandon his culture to become accustomed to that of his host country. This is done through prolonged contact with people from the host culture. Stress was defined by Dr Gilian Butler (1993) in 3 different ways, however this study will be focusing on his stimulus-based definition. According to him, stress is a response to an external pressure. The bearer of stress is described as "weight bearing beam" that can give in as

pressure becomes too big. Stress, in excess, is known to have negative physiological aspects such as cardiovascular system diseases, depression, and anxiety. In a study on acculturative stress (Redfield *et al.*), "Social Support and Demographic Correlates of Acculturative Stress in International Students" by Senel Poyrazli, Philip R. Kavanaugh, Adria Baker, and Nada At-Timimi demonstrates the presence of acculturative stress among international community college students in the US. The results showed that students that were more proficient in the host language experienced less acculturative stress. Students that had primarily socialized Americans had a higher probability of experiencing less stress. Furthermore, correlation was observed between acculturative stress and acculturation, perhaps because of similarities in Western European cultures and that of the US, in contrast to Asian culture, proven to be more difficult to master. As Senel Poyrazli, Philip R. Kavanaugh, and Nada At-Timimi (2002) stated, "The purpose of this study is to see if this result can be applied to the Waseda students as well. If such a level of acculturative stress were to be observed in a yet diverse country such as the US, how would students living in Japan (statistically proven to be more culturally homogenous than the US and highly different in culture) perceive acculturative stress? Would Western students find themselves more stressed in an Asian environment?"

Also, suicide rates in Japan are especially high. According to the Global Health Organization, Japan had a total of 18.5 suicide deaths per 100,000 people in 2017. Extending this to the entirety of Asia, it can be seen that these high rates are found in all neighbouring countries. South Korea, for example, according to this same study, has 26.9 suicide

qualitatively differentiate between methods of coping with stress which this research was going to examine and also be able to compare the results with the first study, the factor of COPIING METHODS. The model of coping with stress that is used in this study is based on the model of Lazarus and Folkman (1984) which exhibits how dealing with stress can be categorized as five coping strategies: self-help, approach, accommodation, avoidance, and denial. In order to draw conclusions in the scope of the topic, the relevant data should be collected and analyzed. For every participant, the data about which methods are considered experienced and which are not, the participant's gender, the major, and the campus should be recorded. The details about data collection and analysis in the methods section.

2.1. Participants

Forty-eight undergraduate students (27 males and 21 females) from different majors participated in the survey. No further information about their identities and affiliations was collected.

2.2. Questionnaire

The questionnaire was in electronic format made with the use of Google Forms. It consisted of seven questions, the first of which asked the participants to rate how often they used the five coping methods. The second question asked the participants to rate every one of the given methods in how useful the participants think the methods are, on a scale from 1 (not useful) to 5 (very useful). The third question asked the participants to rate how often they used the five coping methods and Gagne's (1984) model. All the questions were written in English and Japanese. The complete set of questions is listed in the appendix A.

2.3. Procedure

Tasks

The online survey was distributed through messengers and social media to the groups of target population. The duration of data collection period was two weeks.

Design and analyses.

In reference to the answers to the second question, the methods which were chosen to be personally practiced were categorized into five groups: "Talk", "Plan", "Positive", "Conditions", and "Change". The perceived effectiveness was calculated from the results of questions 3 to 7 and compared with the perceived usefulness of an "experienced" method.

4. Results

The results of the survey are shown in Fig.1. More female students are reported to focus on seeking emotional help ("Talk"; females: +9.1%) and problem-solving ("Plan"; females: +9.5%). The most students practice "Positive" method (56.4%), and the least practice "Conditions" method (28.6%). Overall, more students practice "Talk", "Plan", or "Positive" methods than

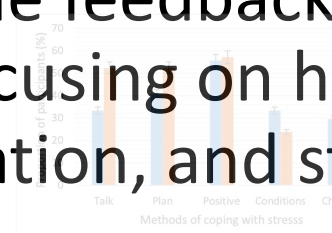


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Benefits of peer review using LMS

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pressure becomes too big. Stress, in excess, is known to have negative physiological effects such as cardiovascular system and immune system and is a common factor in acculturative stress (Redfield *et al.*). "Social Support and Demographic Correlates of Acculturative Stress in International Students" by Senel Poyrazli, Philip R. Kavanaugh, Adria Baker, and Nada At-Timimi demonstrates the presence of acculturative stress among international community college students in the US. The results showed that students that were more proficient in English and experienced more social support were less likely to experience high acculturative stress. Students who had primarily socialized Americans had a higher probability of experiencing less stress. Furthermore, a correlation was observed between ethnicity and acculturative stress. Europeans were evaluated less stressed than Asian students - perhaps because of similarities in Western European cultures and that of the US, in contrast to Asian culture, proven to be sometimes, diametrically opposite. This leads to higher acculturation difficulties for Asian students, who have to adapt to this new environment. The purpose of this study is to see if this result can be applied to the Waseda students as well. If such a level of acculturative stress were to be observed in a yet diverse country such as the US, how would students living in Japan (statistically proven to be more culturally homogenous than the US and highly different in culture) perceive acculturative stress? Would Western students find themselves more stressed in an Asian environment?

Also, suicide rates in Japan are especially high. According to the Global Health Organization, Japan had a total of 18.5 suicide deaths per 100,000 people in 2017. Extending this to the entirety of Asia, it can be seen that these high rates are found in all neighbouring countries. South Korea, for example, according to this same study, has 26.9 suicide

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qualitatively differentiate between methods of coping with stress which this research was going to examine and also be able to compare the results. In this study, the 5-factor model used by Zuckerman and Gagne (2003) is adopted. This model states that behavior which people exhibit when dealing with stress can be categorized as five coping strategies: self-help, approach, accommodation, avoidance, and punishment. The questionnaire used in this study is the same as the one used in the study of Zuckerman and Gagne (2003). In order to draw conclusions in the scope of the topic, the relevant data should be collected and analyzed. For every method, the data which is not inserted into the questionnaire should be collected and analyzed. More about data collection and analysis in the Methods section.

Design and analyses.

In reference to the answers to the second question, the methods which were chosen to be periodically practiced were categorized as "talk", "plan", "positive", "conditions", and "change". The perceived effectiveness was calculated from the results of questions 3 to 7 and compared. The use of given methods of coping with stress depending on gender are shown in Fig.1. More female students are reported to focus on seeking emotional help ("Talk"; +19.1%) and problem-solving ("Plan"; +11.1%), while males are reported to focus on avoiding negative thoughts ("Positive"; +10.5%) and comparative use of positive reframing method ("Positive"; females: +1.5%) and blaming themselves ("Change"; males: +1%). The most students practice "Positive" method (56.4%), and the least practice "Conditions" method (28.6%). Overall, more students practice "Talk", "Plan", or "Positive" methods than "Conditions" or "Change" methods.

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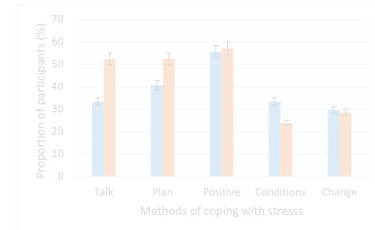


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2. Using video content to amplify learning

School of International Liberal Studies (SILS) and Graduate School of International Culture and Communication Studies (GSICCS)

- English-taught degree program

30% - International students from 50 nations worldwide

Japanese students are required to study abroad for 1 year

2. Using video content to amplify learning

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Introduction to Psycholinguistics – Over 100 students

-> How do I keep them engaged during a 100 minutes class?

Video as a learning tool

- Videos help us illustrate examples to help develop students' understanding
- High quality YouTube videos are effective educational tools:
 - They are created by experts, through a careful planning, skilled production, and engaging content which require time & cost
 - Why not leverage these resources to expose students to diverse viewpoints and cutting-edge research that are not covered in traditional course materials?

Example

- Steven Pinker: Linguistics as a Window to Understand the Brain
@39:17 minutes

https://www.youtube.com/watch?v=Q-B_ONJIEcE



Teachers are positive about video

- A survey found that teachers are positive about the use of video in the classroom because;
 - It stimulates classroom discussion
 - It reinforces lecture and reading
 - It provides a common base of knowledge among students

Corporation for Public Broadcasting

Parvian et al. (2023)

Fernando (2023)

Students' perspective

- Research shows that students who are exposed to regular integration of media instruction
 - Outperform non-exposed peers on tests
 - Score higher on writing assignments
 - Are more active in class discussions
 - Apply more varied and creative approaches to problem solving
 - Use more figurative language

Teachers college Columbia (1992)

Parvian et al. (2023)

Fernando (2023)

How and when to use video

- Videos can be used in a variety of ways to enhance any lesson plan or subject
- In teaching students with diverse English backgrounds, I use videos in my psycholinguistics course to;
 - Connect the video to content of the topic
 - Show short clips to introduce or reinforce discussion
 - Give students active assignments to encourage attention and post discussion

High Amplitude Sucking Procedure

Infants increase or decrease “sucking behavior” in response to speech sounds

It tells whether the infant consider the stimuli as new sound or familiar sound, and this helps examining how experimental stimuli are processed in baby’s brain.







Thank you!

Video URLs

Steven Pinker

https://www.youtube.com/watch?v=Q-B_ONJIEcE

Baby's experiment in hearing different phonemes

<https://www.youtube.com/watch?v=WvM5bqUsbu8&t=4s>